



# GLYS Western New York Growing LGBTQ+ Youth Support

716.855.0221 | [www.glyswny.org](http://www.glyswny.org)

**IMPORTANT RESOURCES** for both parents & school professionals for **Transgender + Gender Non-Conforming youth under 13:**

## Gender Spectrum:

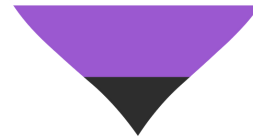
- Primarily for families with youth under the age of 18
  - has great resources for parents and caregivers
- Online support groups for parents and youth

## Dignity for All Students Act (DASA):

- Guidance for TGNC students

## Gender Expression Non-Discrimination Act (GENDA):

- Information on how GENDA applied to K-12 schools



## Videos:

- [I am Jazz: A Family in Transition](#)
- [Raising Ryland](#)
- [Growing Up Trans](#)
- [Becoming Me](#)



## Books:

### For Parents & Professionals:

- [The Transgender Child: A Handbook for Families and Professional](#) — Stephanie Brill
- [Becoming Nicole: The Transformation of an American Family](#) — Amy Ellis Nutt
- [PFLAG Adult Reading List](#)

### For Child/Use with Students:

- [Sex is a Funny Word](#) — Corey Silverberg
  - Age appropriate non-fiction book about sex, gender and sexuality
- [Child Book List](#)
  - Includes age ranges

